



2012 Speedo Alberta Age Group Provincials Short Course
Talisman Sports Centre
2225 Macleod Trail SE, Calgary
March 9 - 11, 2012

Position	Name	Phone	E-mail
Host Club	University of Calgary Swim Club	(403) 220-2772	ucsc@ucalgary.ca
Meet Manager	Jim Engman	(403) 389-5253	jim_engman@shaw.ca
Advisory Referee	Doug Bird Peter Burke		dougbird@shaw.ca peterburke@shaw.ca
Officials Chair	Candice Williams	(403) 284-2092	cwilliams@shaw.ca
Swim Alberta*	Kevin Dennis	(780) 415-1785	kevin@swimalberta.ca
Para Swimming Technical Advisor	Annette Gillis		annettegillis@shaw.ca

***Swim Alberta Contact:**

- For questions or clarification regarding the technical content of the meet package.

Sanction & Rules:

- This meet is sanctioned by Swim Alberta, abiding by the rules and regulations of SNC and FINA as contained in the SNC rulebook, IPC Swimming rules and regulations as contained in the IPC Swimming rulebook, the policies and procedures of Swim Alberta, and the rules stipulated in this package.

Categories:

- Male and Female; 10 & Under; 12 & Under; 14 & Under, Para swimming (Para swimmers aged 14 & Under)
- Note: Coaches must notify the meet manager if they want a swimmer to swim up an age category with the swimmers name, specific event(s) and the swim-up age category prior to the entry deadline.

Qualifying Standard/Period:

- The qualifying period is from April 1, 2011 to the entry deadline.
- Swimmers must achieve their distinct age A time standard, within the qualifying period, either short course or long course.
- Para swimmers must meet the Alberta Provincial Standard for 14 & Under Para swimming.
- Swim Alberta time standards are available from www.swimalberta.ca.

Eligibility:

- 2012 Speedo Alberta Age Group Provincials Short Course is an OPEN event; open to swimmers currently registered with SNC or FINA affiliated clubs however meet management and Swim Alberta will review out of province entries.
- Swim Alberta and meet management may review and limit out of province entries.
- Para swimmers must have a valid classification under the IPC Swimming Classification System and their name and classification must appear on the IPC Swimming website (www.ipc-swimming.org), the Swimming / Natation Canada website (<http://swimming.ca>) or the Swim Alberta website (www.swimalberta.ca).



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Entry Deadline:

- The entry deadline will be fourteen (14) days prior to the first day of competition (February 24, 2012 before midnight).
- Swimmers qualifying for their first event after the entry deadline can enter the competition at the regular entry fee. These entries must be received before midnight on Monday March 5, 2012.
- Late entries of pre-qualified swimmers will be permitted at double the published entry fee, only when an extra preliminary heat is not created. These entries will be exhibition and seeded as No Time (NT).

Entries:

- Swimmers may enter a maximum of seven (7) individual events.
- Entries must be made using Hy-Tek online at swimming.ca.
- Coaches may not upload an entry file after the Entry Deadline without first receiving permission from meet management.
- No-Time entries will not be accepted with the exception of events listed under the distance rule. Estimated times may be submitted if a time is not available except for the distance events.
- DISTANCE RULE: All swimmers qualified for the meet are eligible to enter the distance events. Swimmers who have a provable entry time for one of the distance events (800 freestyle or 1500 freestyle) may enter the opposite distance event with an estimated time. If a time is not available in either distance event a No-Time entry must be submitted. Estimated times will not supersede any proven time in the fastest heat.
- Entry times must be in short course metres. Long course times may be converted by subtracting 2%.
- Swimmers winning an individual event at the 2012 Team Aquatic Supplies Alberta Age Group Trials may enter any seven (7) events in the 2012 Speedo Alberta Age Group Championship. Winners who age up between the competitions will be allowed to compete in their new age group.
- Para swimmers may enter any seven (7) events however only the para swimming events will be scored for awards. (page 4).
- Entry times for para swimmers must be in short course metres. Long course times may be converted, for classes S1-S6, S11, SB1-SB6, SB11, SM1-SM6 and SM11 by adding 2% and times for classes S7-S14, SB7-SB9, SB12-SB14 and SM7-SM14 by subtracting 2%.
- Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine payable to Swim Alberta.

Proof of Times: Timed Final Events

- Meet management will request proof of time for all entries in the final / fastest heat for relays, distance swims and the 10 & Under 400 freestyle. Clubs will have 48 hours to provide proof of time. Clubs unable to prove their entry time will be seeded with an actual proved time or entered as No Time and seeded last.
- Proof of time for individual and relay results must be available on swimming.ca.

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Entry Fees:

- Entry fees must be paid prior to the start of the competition.
- An entry fee report will be sent after the entry deadline.
- Cheques for entry are payable to the University of Calgary Swim Club.
- Entry fees are \$8.00 per individual, \$10.00 per relay entry and include the Olympic Bonus.
- Entry fees are refundable prior to the entry deadline (February 24, 2012 before midnight).

Scratches:

- Coaches are requested to submit any known scratches to the Meet Manager prior to the start of the meet.
- Scratches are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.
- The Scratch Deadline for finals each night will be 30 minutes following the conclusion of the preliminary session. The conclusion of the session will be the completion of the final race of the session or where the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.
- The Last Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no reseeding to include scratches made after the initial scratch deadline.
 - The Last Scratch Deadline applies only if the following procedures take place:
 - The referee, the coach and/or alternate for the event scheduled has been notified of the impending scratch by the coach of the swimmer who scratched.
 - The alternate has reported to the Clerk of Course and is prepared to swim the event.
- No-Shows, step-downs, late scratches and unexcused incomplete swims:
 - For preliminary events there shall be no penalty.
 - For final events the offending swimmer shall be scratched from all remaining final events including participation in relay events for that session.

Format:

- The meet will be conducted in two 8-lane 25m pools. Preliminary events will be divided by gender, with further adjustments at the meet manager's discretion.
- Events will be senior seeded by gender, including entries for swimmers with a disability, for the preliminaries and divided into separate age categories for finals.
- All preliminaries will swim regardless of number of entries.
- 10 & under events will have A Finals only, with the exception of the 400 freestyle which will be time-final and swum in the preliminary session.
- Swimmers aged 10 & under who wish to enter a 12 & under event must meet the minimum of the 11-year old A time for the specific event.
- 12&U, and 14&U events will have A and B Finals regardless of the number of entries, with the exception of the 400 freestyle & 400 IM which will have an A Final only, and the 800 & 1500 freestyle which will be time-final.
- In the 800 & 1500 freestyle the fastest Olympic eligible heat of 14 & under swimmers will swim in the finals session, however awards will still be broken down into the 12&U and 14&U age groups. All remaining heats will be swum fastest to slowest, in the preliminary session and may be seeded with two swimmers per lane at the meet management's discretion.
- Positive check-in is required for the 800 & 1500 freestyle prior to the start of the session in which the event will be swum.

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Format Continued:

- Para swimming events will be scored as time-final based on the preliminary session. Para swimmers are eligible to swim any final in which they qualify however only their preliminary performance will be scored for the para awards.

Para Swimming Events:

Event	Classes	Event	Classes	Event	Classes
50 Free	S1 - S14	50 Back	S1 - S5	50 Fly	S1 - S7
100 Free	S1 - S14	100 Back	S6 - S14	100 Fly	S8 - S14
200 Free	S1 - S7 & S14	50 Breast	SB1 - SB5	150 IM	SM1 - SM4
400 Free	S8 - S13	100 Breast	SB6 - SB14	200 IM	SM5 - SM14

Relays:

- See SWAG 1.1.7 and SNC 2.3
- Relay events are time-finals and shall be swum in the finals session.
- Individual names for relays must be submitted 30 minutes prior to the start of the session.
- The deadline for name changes will be 30 minutes prior to the start of the event.

Scoring & Awards:

- Individual Events Places 1-8 50-30-20-15-14-13-12-11
- Individual Events Places 9-16 9-7-6-5-4-3-2-1
- Relay Events Places 1-8 50-30-20-15-14-13-12-11
- Individual events - medals will be awarded to the top three finishers in all individual events for 10 & under, 12 & under and 14 & under, except for the 200 fly, 400 IM, 800 free and 1500 free which only include 12&U and 14&U age groups. Ribbons will be awarded to the remaining top eight finishers. Discrete age winners at the 2012 Speedo Alberta Age Group Provincials Short Course will also be presented a Provincial Championship Certificate.
- Relay events - medals will be presented to the first place team in all relay events. Ribbons will be presented to the second and third place teams.
- Events for swimmers with a disability will have medals awarded for the top three finishers based on the SNC World Performance Charts for Para swimmers regardless of the classification for each eligible event. Individual classification winners will receive a Swim Alberta Para swimming winner's certificate per event.
- Para events will be added to the Team Award scoring as reverse scoring starting with the 16th place score for one entry. (Example 1 entry = 1 point; 2 entries = 2 points for 1st, 1 point for 2nd, 3 entries = 3 points for 1st, 2 points for 2nd, 3 points for 3rd, etc.) Should a para swimmer score points based on a top 16 overall ranking the higher pointed swim will be used towards the team score.
- Team Awards - the following team awards will be determined from points earned at this competition.
 - Small Club Award - Clubs with less than 50 registered competitive swimmers.
 - Medium Club Award - Clubs with 50-99 registered competitive swimmers.
 - Large Club Award - Clubs with 100 or more registered competitive swimmers.

Coaches Technical Meeting:

- A coaches meeting will be held fifteen (15) minutes prior to the first warm-up session.

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ACC Professional Development:

- This session will include Swim Alberta information, question period, and an educational component. The Congress will be held immediately following heats on Sunday.

Time Trials:

- Swim Alberta and Meet Management must both approve a time trial, which will only be held in exceptional circumstances.

Swim Alberta Host Hotels

Swim Alberta Partner Hotel:

Delta Bow Valley

209 - 4th Ave SE

Calgary, Alberta

T2G 0C6

Tel: (403) 266-1980

Fax: (403) 205-4360

Reservations: (888) 890-3222

Room Rate:

- \$99.00 per night Delta Rooms
- \$109.00 Premier Rooms
- \$119.00 Deluxe Rooms
- When booking ask for the Swim Alberta room rate.



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Event Order

Friday March 9	Saturday March 10	Sunday March 11 [^]
Coaches Meeting: 7:45 am Prelim Warm-up: 8:00am Prelim Start: 9:00am	Prelim Warm-up: 8:00am Prelim Start: 9:00am	Prelim Warm-up: 8:00am Prelim Start: 9:00am
14&U 100 Back	14&U 200 IM*	14&U 100 Fly
14&U 200 Fly	14&U 50 Free	14&U 200 Free
14&U 100 Free	14&U 200 Back	14&U 50 Back
14&U 400 IM	14&U 50 Fly	14&U 200 Breast
14&U 50 Breast	14&U 100 Breast	14&U 100 IM
14&U 800 Free	10&U 400 Free (Time Final)	14&U 1500 Free
	14&U 400 Free	
Finals Warm-up: 3:30pm Finals Start: 4:30pm	Finals Warm-up: 3:30pm Finals Start: 4:30pm	Finals Warm-up: TBC [^] Finals Start: TBC [^]
14&U Girls 800 Free (Top 8)	10&U 200 IM	14&U Boys 1500 Free (Top 8)
10&U 100 Back	12&U 200 IM	10&U 100 Fly
12&U 100 Back	14&U 200 IM	12&U 100 Fly
14&U 100 Back	10&U 50 Free	14&U 100 Fly
12&U 200 Fly	12&U 50 Free	10&U 200 Free
14&U 200 Fly	14&U 50 Free	12&U 200 Free
10&U 100 Free	10&U 200 Back	14&U 200 Free
12&U 100 Free	12&U 200 Back	10&U 50 Back
14&U 100 Free	14&U 200 Back	12&U 50 Back
12&U 400 IM	10&U 50 Fly	14&U 50 Back
14&U 400 IM	12&U 50 Fly	10&U 200 Breast
10&U 50 Breast	14&U 50 Fly	12&U 200 Breast
12&U 50 Breast	10&U 100 Breast	14&U 200 Breast
14&U 50 Breast	12&U 100 Breast	10&U 100 IM
12&U 400 FR	14&U 100 Breast	12&U 100 IM
14&U 400 FR	12&U 400 Free	14&U 100 IM
	14&U 400 Free	10&U 200 MR
	10&U 200 FR	12&U 200 MR
	12&U 200 FR	14&U 200 MR
	14&U 200 FR	

*150 IM will swim immediately following the 200 IM if applicable.

[^] Sunday finals start time is to be confirmed. When possible the warm-up for Sunday finals will begin two hours after the conclusion of the preliminary session.