



## **YELLOWKNIFE POLAR BEAR SWIM CLUB COACH JOB DESCRIPTION**

Yellowknife Polar Bear Swim Club Coaches are responsible for the development and delivery of a fun, safe and educational competitive swim program for the group(s) they agree to lead each swim season. The Head Coach, in cooperation, with each Coach will establish coaching teams for swim groups based on interest, experience, training and other factors. In general terms, here what each Coach (in cooperation with their coaching partner(s)) is responsible for:

1. Preparing a season plan that spells out plans for the season based on the developmental level of the group. Season plans can be adjusted as circumstances dictate and each group advances.
2. Preparing daily plans that outline the skills, techniques and other activities for their group(s). Each plan should include skill development and physical conditioning elements plus other activities (including fun events) related to the development of competitive swimming.
3. Maintain records of each swimmer's progress. Provide daily verbal feedback and periodic written feedback to the swimmer and their parent(s)/guardian(s).
4. Participate in time trials / swim meets / other special events as part of the Club's programs. These events will require the coach to develop entries for events and or assist in other ways. A coach can also choose to volunteer to travel with the team if they so choose.
5. Reporting to the Head Coach on each group's progress on a periodic basis. This can also include discussions on how to deal with certain challenges and other factors unique to a group or an individual swimmer. Coaches are encouraged to discuss their experiences with other coaches as well so that ideas can be exchanged and new approaches developed.
6. Providing information and suggestions to the Head Coach on approaches that might improve the program.

The Head Coach will provide each coach with regular feedback. All coaches are encouraged to pursue coaching certification beyond the minimum required by Swim Alberta. Please see the Head Coach on Club support for these activities.

