

YELLOWKNIFE POLAR BEAR SWIM CLUB
REGISTRATION 2011 – 2012 SWIM SEASON

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**YELLOWKNIFE POLAR BEAR SWIM CLUB
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SWIMMER INFORMATION

Surname: _____ First Name: _____

Date of birth: _____ Health Care #: _____ Gender: M / F
(month/day/year)

Mailing address: _____

Health Conditions/concerns _____

Child's T-shirt size: _____

PARENT/GUARDIAN INFORMATION

Name: _____ Phone: (w) _____ (h) _____

Address: (if different from above): _____

Name: _____ Phone: (w) _____ (h) _____

Address: (if different from above): _____

E-mail address(es) you want notices to be sent to: _____

EMERGENCY CONTACT:

Name: _____ Phone: (w) _____ (h) _____

Relationship to swimmer: _____

Please read the following sections carefully and indicate that you approve each by signing below.

- a. **Code of Conduct.** See attached – all participants are required to comply with the Code. Parents/Guardians are asked to review the Code with their child(ren).
- b. **Release Clause.** See attached
- c. **Video / Photo Permission.** See attached
- d. **Information Use.** The Club maintains basic information on swimmers and their families so it can contact them when appropriate or necessary and to conduct and register swimmers for meets and other events related to competitive swimming. Email messages are sent out on a regular basis to the address indicated on this form. If you would like more on information the Club retains or would prefer not to receive email updates, please contact the Club Registrar or Head Coach.

I have read and understood the above statements and attachments.

Parent/Guardian name (print) _____ Signature _____

Date: _____

Swimmer Signature (for Code of Conduct) _____ (10 years and older only)

SUBMIT THIS FORM ALONG WITH APPROPRIATE FEES TO THE REGISTRAR.

YELLOWKNIFE POLAR BEAR SWIM CLUB
REGISTRATION 2011 – 2012 SWIM SEASON
CODE OF CONDUCT

All swimmers are required to read and sign the Code of Conduct form **prior** to swimming with the club. Parents/Guardians are encouraged to review and discuss the CODE with their swimmer(s).

CODE OF CONDUCT

Members of the Yellowknife Polar Bear Swim Club (YKPBSC) include swimmers, coaches, officials, parents and board members. You, as a swimmer, are the most visible part of the Club. All members are ambassadors for competitive swimming, sport, the City of Yellowknife and the Northwest Territories. You gain many benefits from your participation in organized competitive swimming. Your participation brings with it some responsibilities. These responsibilities include the following:

1. At all times be courteous and helpful to teammates, coaches, other swimmers, officials and the general public.
2. Participate according to the rules and in the spirit of fair play.
3. Adhere to any regulations that are established during competitions. These might include curfews; nutritional guidelines and other rules designed for safety and to maximize the benefits of participation. Members will be advised of regulations on a periodic basis.
4. Participate in team activities and strive to build team spirit.
5. Lead a positive alcohol, tobacco and drug free life style. Regardless of age, tobacco and alcohol products are not allowed during any YKPBSC event.
6. Be aware that you may be subject to random drug tests without notice if you achieve certain levels within the sport. Education programs will be provided at appropriate times.
7. Be punctual at all times.
8. Make restitution for any personal or property damage caused during YKPBSC events.
9. Remain at competitions for award presentations, banquets and other events unless previous arrangements have been made.
10. Wear team uniforms when requested to do so.

Members unable to comply with these responsibilities of the Code of Conduct may be subject to disciplinary action up to and including suspension from activities, their immediate return home at their own cost and/or removal from the YKPBSC.

Having read and understood the above YKPBSC Code of Conduct, I agree and comply as a member in good standing, and I will accept full responsibility for any injury or consequence due to neglect of the Rules and Regulations.

Your acceptance of this clause is to be indicated by signing at the front of this form.

YELLOWKNIFE POLAR BEAR SWIM CLUB
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RELEASE FORM

All swimmers are required to read and sign the Release form **prior** to swimming with the club. Parents/Guardians are encouraged to review and discuss the CODE with their swimmer(s).

RELEASE CLAUSE

In consideration of my child, being permitted to participate in the Yellowknife Polar Bear Swim Club Program, including travel to swim meets during the swimming season, I do hereby release and forever discharge the Yellowknife Polar Bear Swim Club from all manner of actions, claims or demands whatsoever arising out of any injury, damage or loss whatsoever I, or my child may suffer while my child is en-route to or from or, while and participating in a swim meet at any location except where caused by the negligence of the Club or its agents. I consent and hereby authorize the coach or chaperone of the Yellowknife Polar Bear Swim Club causing such medical treatment to be administered to my child as deemed advisable should my child be injured. I hereby accept the Rules of the Club. I accept responsibility for ensuring that my child understands and abides by these Rules and Regulations.

Your acceptance of this clause is to be indicated by signing at the front of this form.

VIDEO / PHOTO PERMISSION

Understanding that the use of video feedback to swimmers can be a valuable teaching tool, by signing as indicated on the first page of this form you are giving permission to the YKPBCS (Club) to make video recordings of the child/children also listed on this form. The Club also takes photographs of swimmers for use on its web site (www.ykpbsc.nt.ca), bulletin board and occasionally to share with media outlets for publicity purposes.

I/WE understand that the video recordings and or photographs, surface and underwater, will be made from time to time at swim meets and as a regular part of the YKPBCS swimming and instructional program.

The video recordings and photographs will be made by members of the coaching staff, parent or swimmer volunteers or by an individual contracted by the club.

I/WE understand that this permission may be revoked at any time by sending a letter to the Head Coach of the YKPBCS regarding this status.

Your acceptance of this clause is to be indicated by signing at the front of this form.

FEES

See the Fees sheet as attached to this package.

FOR MORE INFORMATION

Please contact the Head Coach or any member of the Board of Directors. All contact information is contained on the Club's website at: www.ykpbsc.nt.ca

**YELLOWKNIFE POLAR BEAR SWIM CLUB
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Club fees:

All cheques must be made payable to the *Yellowknife Polar Bear Swim Club*

	Gold	Silver	Bronze	Cubs	Sharks	Belugas	Dolphins	Tadpoles
Full Payment At registration	\$1825	\$1425	\$1375	\$1050	\$950	\$775	\$775	\$550
2 Installments: At registration	\$1100	\$ 890	\$ 860	\$ 650	\$600	\$450	\$450	\$350
January 1, 2012	<u>\$ 725</u> \$1825	<u>\$ 535</u> \$1425	<u>\$ 515</u> \$1375	<u>\$ 400</u> \$1050	<u>\$350</u> \$950	<u>\$325</u> \$775	<u>\$325</u> \$775	<u>\$200</u> \$550
7 Installments: At registration	\$ 500	\$ 400	\$ 375	\$ 325	\$250	\$250	\$250	\$150
Oct 15/11	\$ 225	\$ 175	\$ 175	\$ 125	\$120	\$ 90	\$ 90	\$ 67
Nov 15/11	\$ 220	\$ 170	\$ 165	\$ 120	\$120	\$ 90	\$ 90	\$ 67
Dec 15/11	\$ 220	\$ 170	\$ 165	\$ 120	\$120	\$ 90	\$ 90	\$ 67
Jan 15/12	\$ 220	\$ 170	\$ 165	\$ 120	\$120	\$ 90	\$ 90	\$ 67
Feb 15/12	\$ 220	\$ 170	\$ 165	\$ 120	\$120	\$ 90	\$ 90	\$ 67
Mar 15/12	<u>\$ 220</u> \$1825	<u>\$ 170</u> \$1425	<u>\$ 165</u> \$1375	<u>\$ 120</u> \$1050	<u>\$100</u> \$950	<u>\$ 75</u> \$775	<u>\$ 75</u> \$775	<u>\$ 65</u> \$550

Choose one of the three options above. If either of the installment options is chosen, post dated cheques must be provided. There will be a \$25.00 charge for any cheques returned NSF.

Fundraising fees:

Gold, Silver, Bronze, Cubs: \$320.00 / Sharks, Belugas, Dolphins: \$220.00 / Tadpoles: \$120

Please make a separate cheque for fundraising fees, undated. You will be contacted prior to the Club cashing it. Please see the fundraising policy for further information.

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FUNDRAISING POLICY

Fundraising is necessary in order for the Club to survive. Please do not confuse fundraising with volunteering. Only the activities listed below are considering fundraising options. There are two options to choose from:

1. pay up front, or
2. participate in fundraising activities

Every swimmer's family will write a separate, undated, cheque for the full amount of fundraising for that swimmer. If you have swimmers in different squads in the same family, a separate cheque for each swimmer for the correct amounts must be submitted. If you choose not to participate in fundraising activities, your cheque will be cashed immediately. If you will be participating in fundraising activities, your cheque(s) will be held until April 2012, when the fundraising totals are tallied. The cheque(s) will be destroyed if minimum amount of funds for each swimmer have been raised. If only a portion has been raised, you will be contacted to finalize details, which may require destroying the original cheque(s) and you writing a new one to make up the difference.

Graduated fundraising fee: \$120 for tadpoles; \$220 for dolphins, belugas and sharks; \$320 for cubs, bronze, silver and gold squads. \$20 of this fee covers the Swim Alberta fee for each registered swim-a-thon swimmer. The Swim-a-thon is a mandatory event sanctioned by Swim Alberta. Every swimmer's participation in this event is required. If a swimmer is absent on the day of the swim-a-thon, your coach can arrange to let the swimmer swim their swim-a-thon laps during a regular practice.

Each hour worked at fundraising events will be valued at \$40 per hour. The following events have been scheduled so far. There will be more events as the season progresses.

Swim-a-thon: dollar for dollar. Date will be announced

Bingos: 2 ½ hour shifts at \$40/hour: July 23, 2011 at Tree of Peace. More dates to be announced. You will be notified via email.

Grocery bagging: 2 hour shifts at \$40/hour: no dates set yet. Any swimmers with family members or friends over the age of 12 may participate. Swimmers under 12 must be with a parent, and in that case, only the parent receives the volunteer hours, not both.

Recycling: BHP calls us to pick up their recycling.

As more fundraising events are obtained, announcements will be made via email. It is therefore important you provide your email address(es) on the registration form so you don't miss out on these opportunities.

REGISTRATION 2011 – 2012 SWIM SEASON

The following is based on the 2010-2011 season.

The actual times may change once the new season begins.

Group swimming times.

<u>Group</u>	<u>days</u>	<u>times</u>
Tadpoles	MON/WED	4.15 pm -5.00 pm
Dolphins 1,2,3	MON/WED	5.00 pm-5.45 pm
BELUGAS	MON/WED	5.40 pm-6.30 pm
(DYNAMOS)	MON/WED	5.30 pm-6.30 pm

SHARKS.

Maco	MON/WED	4.00 pm-5.00 pm
	SAT	8.45 am-10.00 am
Hammerhead	MON/WED	4.00 pm-5.00 pm
	SAT	8.45 am-10.00 am
TIGER	MON/WED	4.00 pm- 5.00 pm
	SAT	7.45 am-9.00 am

COMPETITIVE GROUPS

CUBS	MON/WED/FRI	4.00 pm-5.00 pm
	SAT	7.45 am-9.00 am
BRONZE	MON/WED/FRI	4.30 pm-6.30 pm
	SAT	7.45 am-9.00 am
SILVER	MON/WED/FRI	4.30 pm-6.30 pm

YELLOWKNIFE POLAR BEAR SWIM CLUB

Swim kits requirements for all groups

- The wearing of swimming caps is compulsory unless the head is shaved on a number one blade.
Polar Bear swim caps are required to race in.
- Suitable team apparel is required for all touring groups.

Wearing goggles is highly recommended but not compulsory, as long as the swimmer can open their eyes under water.

Junior group requirements:

- Tadpoles, dolphins 1 and 2: swim suit and goggles, caps for racing. No additional equipment required.
- Dolphins 3: fins and flutter boards and optional mesh bag. If child's feet are very small the City has a few pairs of fins that could be used. (dolphins will get first use of these fins.)
- Dynamos/belugas: fins, flutter boards and optional mesh bag.
- Sharks: fins, flutter board, pull buoy and optional mesh bag.
- Cubs: fins, flutter board, pull buoy and correctly fitting hand paddles.

Senior group requirements:

- Bronze, silver and gold: fins, flutter board, hand paddles, pull buoys and swimmer snorkels.

Please make sure that your fins, hand paddles etc. are in good repair and fit correctly. Those using junior snorkels that are too small need to order senior snorkels.

Please note that you may order or purchase your own equipment during the summer.

Please no monofins, diving fins or snorkels.