

POLAR PRESS

March 2007

Welcome to March...and the fun of spring break.

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Parent information meeting for Westerns

Thank You

Bingo Thank you

Cotton Candy...Yum Yum

Swimming Schedule



Welcome to 'almost' spring. A lot has happened in the club since the last newsletter. Swimmers have competed in Yellowknife, Grande Prairie, Edmonton, Calgary and Medicine Hat. The club has had a bingo, the last one for a while, held a board meeting, sold more swim suits, and watched swimmers grow in the pool and out. Way to go to all that have helped out in the pool and on the side lines. Stop by the pool some time to see your swimmers coach, and watch the magic in the water.



Sponsors

Our continued "thanks" goes out to our sponsors who without them many things in the club could not run.

Thanks to **Cascom** for not only hosting our web page, but sponsoring us as well.

Grand Prairie, Edmonton, Calgary and Medicine Hat.

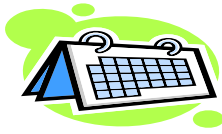


Four out of town meets have taken place and our swimmers shone. Many swimmers came back with personal bests, new friendships, new times, medals and fantastic memories. I had the honor of traveling to Medicine Hat with the 'seniors' from the Gold Squad. I must admit what I saw amazed me. The sportsmanship, respect and dedication our swimmers showed in and out of the water were incredible. All of our swimmers should be proud of themselves for their efforts while representing YKPBSC. The coaches have gone above and beyond to make sure that each swimmer knows the true meaning of competitive swimming and that is **sportsmanship**. Hats off to all the swimmers that leave and represent the club. You are ambassadors that we can all be proud of.



Bingo

Thanks for all who have come out this season. We get a rest for awhile; our next bingo is not for some time. As these are fantastic fundraisers for the club please pencil them in for the fall. The more the merrier when they arrive.



Important Upcoming Dates

- All groups (except Gold and Silver) cancelled on Saturday, March 17
- All groups cancelled Monday, March 19 - Saturday, March 24
- All groups except Gold cancelled Monday, March 26 - Saturday, March 31 (Gold a.m. practices continue with the regular schedule Monday to Saturday)
- Gold / Silver practices on March 17 and 31 are from 7 to 9 a.m.
- Regular schedule begins for all groups on Monday, April 2



Need a suit? Need some Goggles?

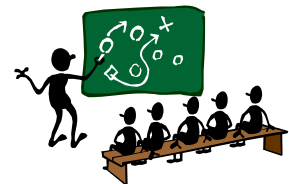
Need a suit? Need some goggles? If you are still in need of a suit or goggle, don't hesitate to contact our equipment manager. There are many good things to purchase.



Things to bring for a road trip out of the NWT (as comprised by a 'chaperone')

- snacks...especially when stuck in the truck.
- camera, never know when you need a photo
- blankie and pillow (as you can't always have 4 each)
- ipod and **CHARGER!** As singing in the van is not always a good thing
- swimsuit, lets not forget why we are away
- snacks, did I say snacks!
- anything **BIG** and **red** to wear after swimming
- cell phone to call home... (or to text friends)
- and the most important thing....

A GOOD COACH!!!!



Westerns Parent Meeting

Please watch the website for more information about a parent information meeting for those eligible for Westerns this summer. Coach Ian will be calling a meeting to keep all those qualified updated with the latest information.

THE BACK PAGE

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The board normally meets the second Tuesday or Thursday of each month at 7:30 pm in the 3rd Floor Board Room at Stanton Hospital. The board meetings are open to any member of the swim club. Our next meeting is Tuesday April 3rd, 2007 at 7:30 p.m.



Reminder - please always feel free to approach Head Coach Ian Legaree or one of the Board members, if you have any questions about the Club or the swim program. Please check out our website as most answers can be found on our site - the site is regularly updated by Ian Legaree.