



SPORTS

Check

with Natalie Dunleavy

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New Year's splash

The Polar Bear swim club is inviting cubs, bronze, silver and gold divisions of the club to attend a swim camp Jan. 12-14.

The 2007 Canadian North Frost Bite Swim Camp will feature professional coach Sam Montgomery.

Montgomery has 38 years of coaching under his belt, including national and international level experience.

He has been on national team staffs for Canadian youth and junior national team tours, World Cup and "B" national team tours, Pan American Games, Pan Pacific Championships, Commonwealth Games, and Olympic Games.