



92 Olympic gold medallist speaks with YK swim club

Sept 15, 2009 - 1992 Canadian Olympic Gold Medallist Mark Tewksbury was front and center last night in Yellowknife as he spoke with members of the Polar Bear Swim Club.

Tewksbury says he likes to speak with kids to inspire them to succeed in the pool.

"I'm just here to sort of say hey, you know, I was a kid that had a dream that worked out, here's how it panned out for me and hopefully a few of them will be like that's really great, that's really cool, I'd like to do that myself and keep going."

Tewksbury also emphasized how much dedication the sport requires.

"You're asking 10-year-olds, 12-year-olds, 14-year-olds, grade eight, grade six, whatever, going through adolescence, all kinds of peer pressure, to put a lot of that aside and be dedicated to this goal, put in some time before school even starts and often going back when school ends, it's a demanding sport.

Tewksbury is the last Canadian to win an Olympic gold medal in swimming, which happened 17 years ago.