

# FINAL



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## **Sport Technical Package**

# **2011 North American Indigenous Games**

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# 2011 North American Indigenous Games

## Technical Package

### Prelude

The Technical Package is a critical part of the North American Indigenous Games (NAIG) and offers comprehensive assistance to the Host Society and the Chefs de Mission. Key components include:

- Age and event eligibility definitions
- Age eligibility verification and sport technical information for team selections
- Tournament formats and scoring procedures
- Established maximum number of participants

Every NAIG coach, manager, Sport Chairperson and Mission Staff member has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the NAIG or affect final standings. If there is anything in the Technical Package that is unclear or that is not understood, individuals are encouraged to seek clarification from their Teams Chef de Mission.

The sport technical information provided within the Technical Package is developed primarily by the individual NSOs (National Sport Organization) and/or NGBs (National Governing Board), following the principles, guidelines and requirements of the NAIG Council (i.e., International Rules). As the overall governing body of the NAIG, the NAIG Council is the ultimate authority for the Technical Package, but this authority is exercised only with the knowledge and understanding of the NSO or NGB concerned.

If an individual wishes to initiate a change to a Technical Package for NAIG 2014, the desired change should be first directed to their Chef de Mission. The Chef will then bring the issue or concern forward to their NAIG Council representative who will in turn present it to the NAIG Council. Should the Council determine there is merit to the proposed change, it will then forward the issue to the Sport and Technical Committee for an opinion. Ultimately, the NAIG Council is the only body that can amend the Technical Package. Changes to age categories, eligibility requirements, team sizes or staff complements will not be considered after two (2) years prior to the upcoming NAIG. Substantive changes to events or competition formats will not be considered after eighteen (18) months before the NAIG. Minor corrections can be considered at almost any stage of the process, but will be increasingly difficult to achieve within six (6) months of the next NAIG. These time frames reinforce the importance of ensuring you have a complete understanding of the Technical Package early.

Note:

*A 'National Sport Organization' is the representing group that governs a sport in Canada.*

*A 'National Governing Board' is the representing group that governs a sport in the U.S.A.*

## **1. EVENT CATEGORIES with reference to age**

### **Able-bodied athletes:**

The NAIG will consist of both male and female events for all sports. Please refer to the specific sport technical package for the age categories offered.

### **Special Olympic athletes:**

NAIG 2011 will not be offering this category. More work will be done to look at including in the 2014 Technical Package.

## **2. COACHING CERTIFICATION STANDARDS**

The NAIG Council is committed to advancing coaching development by establishing minimum certification requirements for all coaches participating in the Games. Currently it is *recommended* that coaches attain full Level One coaching certification for their sport within their jurisdiction. For the 2014 NAIG, a minimum of Level Two NCCP will be *required* for each coach in each sport.

### Certification Standards by Country (Recommendation for 2011)

#### In Canada:

- Level One Theory (old NCCP) or Introduction to Competition A (new CBET)
- Sport-specific technical and practical Level One requirements as per their sport

#### In USA:

- Minimum full Level One as per their sport or equivalent to Canadian Level One

## **3. SPECIAL OLYMPIC DIVISIONING**

The NAIG technical Committee will explore divisioning athletes according to ability for the 2014 NAIG games. Divisioning will be completed based on ability of each athlete. This process will be outlined and will offer the most equitable competition environment for all Special Olympics athletes.

## **4. CHEF MEETING: VENUES AND SCHEDULES FOR SPORTS**

Specific information regarding the venues and sport schedules will be provided at the Chef de Mission meetings.

**2011 North American Indigenous Games Sport Technical Package**  
**3-D ARCHERY**

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**EVENT:**

The NAIG 3-D Archery Competition will consist of both male and female individual events for U16 (born 1995 & later) and U19 (born 1992 & later).

In the following Equipment Divisions:

- Bow hunter fingers
  - Bow hunter open
  - Traditional
- 

**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter one (1) male and one (1) female athlete for each equipment division in each age category. An athlete is allowed to compete in only one category and one equipment division. Maximum number of archers per province/territory/state is 6.

**Number of Coaches:**

Each Province, Territory and State may accredit:

- Rosters under 6 athletes - 2 staff, (1 coaches and 1 manager, 1 must be female)
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**GENERAL RULES:**

The most recent version of Federation Internationale de Tir La'Arce (FITA) 3D Archery rulebook will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

Athletes shoot two (2) rounds of twenty (20) targets per day from unmarked distances up to a maximum of fifty (50) yards for all U19 male and female and U16 males, forty (40) yards for U16 females and thirty (30) yards for the traditional division.

**Drawing of lots:**

A shooting group of archers (4-5) is determined by the Host Society. An adult scorer will accompany the shooting group.

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**OFFICIALS:**

An experienced range officer controls the event designated and approved by the host society. The scores are tabulated by two (2) scorers (double scoring) within the shooting group.

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## **FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

- All equipment shall comply with FITA classes defined.
- The 3-D Archers must supply their own equipment: arrows/bow and must comply with FITA rules. i.e. 60 lbs is maximum draw weight for all athletes.
- The arrows shall be of the same material and in uniform length and weight.
- **A leveling device may be used as long as it is not electronic.**
- **A single stabilizer maybe used that is no longer than 12 inches from the point of attachment. Stabilizer- any device used for the stabilization of the bow.**

### **Bow hunter fingers:**

- A compound, recurve or long bow must be shot with a glove, finger tab or bare fingers
- A fixed pin, cross hair, or moveable site is allowed
- A scope style site is now allowed in the bow hunter finger class. Circle style pins are allowed if circles are of one size

### **Bow hunter open:**

- A compound, recurve or long bow with a moveable sight, scope, or laser sight
- Any type of release aid, glove, finger tab, or bare fingers may be used

### **Traditional:**

- A recurve or long bow with no sighting device.
- A rest and plunger are all that may reside within the site window.
- There will be no markings on the bow or on the bow string that could be construed as site marks.
- There will not be any type of draw check on the bow or the string.
- Bow must be shot with glove, finger tab or bare fingers.
- While shooting the archer shall touch the arrow with the index finger against the nock, and use a single anchor point.

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## **COMPETITION RULES:**

- An athlete is allowed to compete in only one class.
- Equipment shall be checked before the match and shall not be altered during competition.
- Each target is numbered at the shooting position. The archer must touch the stake when shooting.
- Practice on the course is not permitted. Practice butts will be supplied by the Host Society on site.
- Equipment failures must be visible and agreed upon by the majority of the group. Upon agreement, the shooter must have his/her scorecards initialed by the entire group as an equipment failure. The scorecards of the shooter with the equipment failure will be totaled and initialed by the score keepers before leaving the range. At that time, the shooter, (with the failure) only must proceed forward through the course to the range tent and notify a range official.

- If there are three or more shooters remaining in the group they may continue shooting. If two or less shooters remain, they must join the following group (unless by joining the following group it will make a group of 6 or more) or step aside and await a range official before continuing.
- The range official will hold the individual's scorecards until the repair is completed and he/she is escorted back onto the range. The range official will determine the amount of time necessary to make the needed repair. The time element will not be abused. A range official must escort all persons re-entering the range to the designated target.
- After each end the competitors walk to the target (which they share). An arrow earns the score of the zone it lands in. They are as follows:
  - Ten X (10 X) for the smallest ring, (10) points for the inner ring, eight (8) points for the outer ring, five (5) points for a body hit and zero (0) points for a hit in the horn or hoof, not touching body color, any other miss or glance off.
  - In case of a disagreement on the placement of the arrow, the range officer settles the dispute. The protest is brought forward by the coach or manager of the team.
- If the arrow is pulled before the tabulation, the person who pulls the arrow receives a zero for that target. The score cards have to be legible, completed in black or blue ink and signed by the scorer and the archer. If the tabulated scores do not match, the lesser value will be recorded as the official points.
- If an arrow lands in the dividing line it earns the higher value. A deflected arrow is scored where it lands. Witnessed pass through arrows are to be scored as agreed on by the majority of the group or a re-shot before shooters advance to the target. An arrow embedded in another arrow scores the same as the first. A re-shot is not warranted.
- When two archers or more have identical total scores, the process of tie breaking is as follows: a shoot off will be held using a Three-D animal target set at an unknown yardage, with an X placed in the center of the highest scoring area. The arrow closest to the center of the X will determine the winner. If only one shooter is present at the shoot off, he or she will be declared the winner.
- Shooting stakes shall be orange (max. distance of 50 yds) for all U19 male and female participants and U16 males, green (max. distance of 40 yds) for U16 females and yellow (max. distance of 30 yds) for all traditional participants.
- Field glasses (binoculars), telescopes and other optical aids may be used for spotting arrows provided they do not represent any obstacle to other athletes at the shooting peg.
- Prescription spectacles, shooting spectacles and sunglasses may be used. None of these may be fitted with micro hole in lenses, or similar devices, nor may they be marked in any way that can assist in aiming.
- The spectacle glass of the non-sighting eye may be fully covered or taped, or an eye patch may be used.

**Rule Violation:**

- Any person in violation with FITA rules may be disqualified from the event.
- Any shooter, who disobeys shoot officials orders, will be disqualified from the event.
- Littering improper disposal of trash will be considered as un-sportsmanlike conduct which may result in disqualification.

**2011 North American Indigenous Games Sport Technical Package**  
**ATHLETICS**

**EVENT:**

The NAIG Athletics competition will consist of both male and female individual and team relay events for U14 (born 1997 & later), U16 (born 1995 & later), U19 (born 1992 & later).

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter eight (8) male and eight (8) female athletes for each age category. An athlete is allowed to compete in four events plus two (2) relays. Cross country counts as one of the four events.

*For each age category, each contingent has a maximum of 3 athletes per individual event.*

**Number of Coaches:**

Each Province, Territory and State may accredit:

- Rosters under 20 athletes - 3 staff, (2 coaches and 1 manager, 1 must be female)
- Rosters between 21 and 30 - 4 staff, (3 coaches and 1 manager, 1 must be female)
- Rosters between 31 and 40 - 5 staff, (2 must be coaches and 1 manager, 1 must be a female)
- Rosters between 41 and 50 - 6 staff, (2 must be coaches and 1 manager, 2 must be female)

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**GENERAL RULES:**

The most recent International Amateur Athletics Federation (IAAF) Competition Rules Book will apply.

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**COMPETITION FORMAT:**

Events are either heats and finals, or just finals dependant on the number of entries.

Category	U14		U16		U19	
Gender	M	F	M	F	M	F
100M						
200M						
400M						
800M						
1500M						
3000M	X	X	X	X		
5000M	X	X	X	X	X	X
10000M	X	X	X	X	X	X
X Country						
High Jump						
Long Jump						
Triple Jump	X	X				
Shot Put						
Discus						
Javelin	X	X				
4X100m						
4x400m						

**Cross Country Event:**

- U14 Male and Female - 3k
- U16 Female - 4 km
- U16 Male and U19 years Female - 5 km
- U19 Male – 6 km

**Relays:**

Each Province, territory and State may enter:

- One (1) male 4x100M team and one (1) female 4x100M team for all age categories
- One (1) male 4x400M team and one (1) female 4x400M team for all age categories

NOTE: To accommodate the number of participants, athletes may move up to compete in a higher age class relay team, but they may not compete in the same relay event in two different age categories.

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**OFFICIALS:**

All officials (timer, photo finish, starter, etc.) will be designated and approved by the Host Society.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

- Competitors must wear their numbers on the front and back of their vests, except in the high jump events, where they may wear one number, either on the front or the back.
- In the track events, athletes also must wear hip numbers affixed to both sides of their shorts.
- Maximum spike length for track events – 6-7 mm (except for High Jump and Javelin)
- Maximum spike length for high jump and javelin – 12mm (rule 143.4)
- During the medal ceremonies, athletes must wear tracksuits in their team colors and shoes without spikes.
- All equipment used in the 2011 NAIG shall comply with IAAF Rules.
- Throwers may submit their own implements for certification and use in the events equipment pool as long as the implements comply with IAAF rules.
- For all throwing events the implement weight shall be as follows:

<b>Male</b>	U19	U16	U14
Shot put	5 kg	4 kg	3 kg
Discus	1.50 kg	1 kg	1 kg
Javelin	700g	600g	n/a
<b>Female</b>			
Shot put	4 kg	3 kg	3 kg
Discus	1 kg	1 kg	1 kg
Javelin	600g	600g	n/a

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**COMPETITION RULES:****Qualifying Heights and Distance for Field Events**

- The qualifying heights and distances will be determined at the Technical Meeting as well as the successive heights of the bar in the high jump event.

**2011 North American Indigenous Games Sport Technical Package**  
**BADMINTON**

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**EVENT:**

The NAIG badminton competition will consist of male and female singles, doubles and mixed doubles events for U15 (born 1996 & later) and U17 (born 1994 & later) age categories.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter two (2) male and two (2) female for the age categories. An athlete is allowed to compete in the singles, doubles and mixed doubles events.

**Number of Coaches:**

Each Province, Territory and State may accredit one (1) coaches and one (1) manager for the entire team roster. The staff composition must have a minimum of one (1) female staff.

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**GENERAL LAWS:**

The most recent version of the Badminton World Federation (BWF) Laws will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

**Draw Format - Preliminary Rounds:** All preliminary draws for all events (with less than 21 entries) in badminton will be round robin format with players/teams divided randomly into different pools. Pools will consist of a minimum of 3 and a maximum of 4 players/teams. Teams/players representing the same state/province/territory will be separated into different pools.

The top two finishers in round robin competition play, from each pool, will advance to the medal round.

**Draw Format - Medal Rounds:** The medal round format will be determined based on the number of entries for the event.

For examples of draws please see attached *Appendix A*

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**OFFICIALS:**

Tournament Referee will be appointed and approved by the host society. The umpires must have Provincial/State certification.

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## **FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

Badminton players must supply their own equipment, with the exception of shuttles. The Host Society will inform each Chef de Mission six (6) months prior to the beginning of the event what shuttle will be used. All equipment must comply with the rules and regulations according to Badminton World Federation (BWF).

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## **COMPETITION RULES:**

Seeded players are placed properly and byes are placed according to BWF rules. In general there is one seeded player for every eight entries some considerations are made to players from the same zone meeting in the first round.

### Rally point scoring (2006)

- A match shall consist of the best of three games, unless otherwise arranged (Appendix 2 and 3).
- A game shall be won by the side which first scores 21 points, except as provided in Law 7.4 and 7.5.
- The side winning a rally shall add a point to its score. A side shall win a rally, if the opposing side commits a 'fault' or the shuttle ceases to be in play because it touches the surface of the court inside the opponent's court.
- If the score becomes 20-all, the side which gains a two point lead first, shall win that game.
- If the score becomes 29-all, the side scoring the 30<sup>th</sup> point shall win that game.
- The side winning a game shall serve first in the next game

The referee is responsible for enforcing the default rules as published on the tournament entry form. For this reason, the umpire checks that match times in doubles/individual events are posted on the draw. The referee shall provide shuttles to the umpires for pre-test. The referee makes the final decision on rule interpretation at the request of the umpire.

**Note:** Play off games will be done for the Bronze medal positions.

**2011 North American Indigenous Games Sport Technical Package**  
**BASEBALL**

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**EVENT:**

The NAIG baseball competition consists of U17 (1994 & later) male teams.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter a maximum of sixteen (16) male players per team.

**Number of Coaches:**

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per team. The staff composition must have a minimum of one (1) male staff.

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**GENERAL RULES:**

The most recent version of the Official Baseball Rules of the Major League Baseball will apply to the NAIG baseball competition. The International Baseball Federation follows the Official Baseball Rules of the Major League Baseball. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

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**OFFICIALS:**

The umpire in chief must have a minimum National Level 4 certification. The remaining umpires must have a minimum Provincial Level 2.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

U17 age category shall follow standard rules for the playing field, dimensions and equipment:

- Distance between bases is ninety (90) feet
- Distance from home to pitcher is sixty (60) feet
- Wood bats only

Baseball players must supply their own bats, batting helmets, and gloves. Catchers shall supply all their additional equipment. All equipment shall comply with the International Baseball Federation (IBF) standards as per Baseball Canada for minor aged players.

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## COMPETITION RULES:

Pitching Restriction: no pitcher may pitch more than a total of fourteen (14) innings during a consecutive three (3) day period. No pitcher may make more than four (4) appearances as a pitcher during any consecutive three (3) day period. Penalty: game shall be forfeited if protest is filed with the Umpire in Chief before the last out of the game.

### Number of Innings

- The entire game shall consist of seven (7) innings including the medal rounds
- The ten run rules will be in effect anytime after the completion of 5 (or 4-1/2) innings of play.
- The umpire will award the game to the team with a lead of ten or more runs any time after the trailing team has had five turns at bat.

If the score is tied after 7 innings the play shall continue until:

1. The visiting team has scored more total runs than the home teams at the end of a completed inning or,
2. The home team scores the winning run in an uncompleted inning.

Final standings in the round robin play shall be established using the following criteria:

1. The team with the best win-loss record in the game(s) between or among the tied teams will place higher in the standings.
2. If the tie still persists, the placement of teams will be dictated by the ratio of number of runs against per defensive inning for games between or among the original tied teams.
3. If the tie persists, the placement of teams will be dictated by the ratio of runs scored per offensive inning for games between or among the original tied teams.
4. If the tie still persists, the team having the best win-loss record in games played versus the highest placed team not in the tie, followed by comparison against the next highest placed team etc. will place higher in the standings.

## **2011 North American Indigenous Games Sport Technical Package BASKETBALL**

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### **EVENT:**

The NAIG basketball competition consists of both male and female team competitions for the U14 (born 1997 & later), U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

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### **PARTICIPANTS:**

#### **Number of Athletes:**

Each Province, Territory and State may enter a maximum of twelve (12) players per age category in both male and female categories.

#### **Number of Coaches:**

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male teams. One of the above staff must be of the same gender as the participating team.

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### **GENERAL RULES:**

The most recent Federation Internationale de Basketball (FIBA) Official Basketball Rules and updates (most recent rules changes up to the date of competition) will apply. Unless otherwise stated in this package.

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### **COMPETITION FORMAT:**

The competition format will be determined by the number of entries per age category. The host society will make every effort to create a basketball bracket for a double elimination competition.

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### **OFFICIALS:**

The chief official and referees will be designated and approved by the Host Society. The chief officials must have a minimum Provincials Level three (3) certification. The referees must have a minimum Provincial Level one (1) certification.

For all semi-final and finals games, three officials per game will be utilized.

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### **FIELD OF PLAY/EQUIPMENT REQUIREMENTS:**

- All courts and equipment shall comply with the FIBA rules, unless agreed upon i.e. key size. All Courts must be the same.
- A ball size of 6 shall be used for all female age groups.
- A ball size of 7 shall be used for all male age groups.

- The official game ball used will be size 6 and 7 official FIBA game balls. Molten or Spalding balls are preferred. The Host Society will inform each Chef de Mission six (6) months prior to the beginning of the event what game ball will be used.
- Game ball will be determined by coaches before start of each game, not new balls – broken in balls.
- Teams must supply their own warm up balls and equipment.
- Jersey numbers must comply with FIBA, numbered 4-15.

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## COMPETITION RULES:

An entire game shall consist of:

- Four (4) – eight (8) minute periods for ages U14.
- Four (4) – ten (10) minute periods for ages U16 and U19.
- Intervals of two (2) minutes between periods
- A ten (10) minutes half time will be in effect
- A twenty-four (24) second shot clock will be in effect
- **Modification to U14 years**, thirty (30) second shot clock, ten (10) second half court rule and no press
- If the score is tied at the end of playing time of the fourth period, the game shall be continued with as many extra five (5) minute periods as is necessary to break the tie.
- In all extra periods the teams shall continue to play towards the same baskets as in the fourth period.
- FIBA warm up procedures:
  - The clock will be set to a maximum of 20:00 to start the pre-game warm-up. May be modified depending on the timing of the games.
- All other rules as written in the FIBA Official Basketball Rules 2010 unless modified.

A Win will be to a maximum of thirty (30) points regardless of the score.

If the spread is greater than thirty (30) points, the winning team will end with thirty (30) points more than the losing team.

If there is a tie, then FIBA tie breaking rules will be followed.

### **Tie breaking format (FIBA Official Basketball Rules, Pg. 71, Classification of Teams)**

Teams shall be classified according to their win-loss records, namely two (2) points for each game won, one (1) point for each game lost (including lost by default) and zero (0) points for a game lost by forfeit.

D.1.1 – If there are two teams in the age classification with equal points, the result(s) of the game(s) between the two teams involved will be used to determine the placings.

D.1.2 - If the points and the goal average in the games between the two teams are still the same, the classification will be determined by the goal average of all the games played in the group by each team.

D.1.3 - If more than two teams are equal in the placing, a second classification will be established, taking into account only the results of the games between the teams that are tied.

D.1.4 - If there are still teams tied after the second classification, then goal average will be used to determine the placing, taking into account only the results of the games between the teams still tied.

D.1.5 - If there are still teams tied, the placing will be determined using the goal average from the results of all their games played in the group.

D.1.6 - If, at any stage, using the above criteria, a multiple team tie is reduced to a tie involving only two teams, the procedure in D.1.1 and D.1.2 above will be applied.

D.1.7 - If, at any stage, it is reduced to a tie still involving more than two teams, the procedure, beginning with D.1.3 above, is repeated.

D.1.8 Goal average will always be calculated by division.

If only three teams take part in a competition and the situation cannot be resolved following the steps outlined above (the goal average by division is identical), then the points scored will determine the placing.

**2011 North American Indigenous Games Sport Technical Package**  
**BOXING**

**EVENT:**

To be eligible for Boxing Competition and for safety purposes, a minimum number of ten (10) bouts are required. Participants born in 1993 to 1994 are eligible. Participants born in 1995 (16 years of age) may be considered to be upgraded.

All Participants must present their boxing credentials demonstrating a minimum of ten (10) sanctioned bouts.

Any boxer can be granted open status by Provincial/State Boxing Association for Participants under ten (10) bouts. Verification by the Provincial/State Association must be provided.

**WEIGHT (KG/LBS AND OZ)**

Class CABA Class	17-18 Years Male	17-18 Years Female
<b>Year of Birth</b>	<b>93-94</b>	<b>93-94</b>
Paper Weight		Under 46kg Under 101.06lbs
Light Fly Weight	Under 48 kg Under 105.13 lbs	46 kg – 48kg 101.06 – 105.13lbs
Fly Weight	48kg – 51kg 105.13 – 112.6lbs	48 – 50kg 105.13 – 110.13lbs
Light Bantam		50kg – 52kg 110.13 – 114.1lbs
Bantam Weight	51kg – 54kg 112.6 – 119.0lbs	52kg – 54kg 114.1 – 119lbs
Feather Weight	54kg – 57kg 119.0 – 125.1lbs	54kg – 57kg 119 – 125.1lbs
Light Weight	57kg – 60kg 125.1 – 132.04lbs	57kg – 60kg 125.1 – 132.04lbs
Light-Welter Weight	60kg – 64kg 132.04 – 141.01lbs	60kg – 63kg 132.04 – 138.14lbs
Welter Weight	64kg – 69kg 141.01 – 152.01lbs	63kg – 66kg 138.14 – 145.08lbs
Light-Middle Weight		66kg – 70kg 145.08 – 154.05lbs
Middle Weight	69kg – 75kg 152.0 – 165.05 lbs	70kg – 75kg 154.05 – 165.05lbs
Light Heavy Weight	75kg – 81kg 165.05 – 178.09lbs	75kg – 80kg 165.05 – 176.05lbs
Heavyweight	81kg – 91kg 178.09 – 200.09lbs	80kg – 86kg 176.05 – 189.09
Super-Heavy Weight	91+kg 200.09 plus lbs	

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## **PARTICIPANTS:**

### **Number of Athletes:**

Each Province, Territory, and State may enter one (1) male and one (1) female in each weight division for each age category. (This to be finalized depending on the advance entry numbers)

### **Number of Coaches:**

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for the entire team roster. The staff composition must have a minimum of one (1) female.

Additional coaches on a graduated scale depending on the number of competitors will be as follows: 7-12 competitors – 1 extra coach, 13-20 competitors 2 extra coaches, more than 20 – 3 extra coaches.

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## **GENERAL RULES:**

The most recent version of the Association Internationale de Boxe Amateur (AIBA) rules will apply. Unless otherwise stated in this package.

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## **COMPETITION FORMAT:**

Minimum number of three (3) participants for each weight category for that event to run. If three participants are not reached by the registration deadline the event will be cancelled. This will be updated after initial registrations.

Rounds:

Females:

- Four (4) rounds of two (2) minutes each, with one (1) minutes rest intervals

Males:

- Three (3) rounds of three (3) minutes each, with one (1) minutes rest intervals
- 

## **OFFICIALS:**

The referees and judges will be designated and approved by the Host Society. All referees and judges must have a minimum National level four (4) certification or AIBA 1 Star designation. To encourage the participation and development of local officials through NAIG the gloves, timekeepers, recorders, and equipment technicians for boxing must be certified officials, having attained a minimum level one (1) certification.

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## **FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

- All equipment must comply with the rules and regulations of the Association Internationale de Boxe Amateur (AIBA).
- Competitors will supply their own bandages (handwraps) and singlets and AIBA approved head guards.
- The wearing of competition headguards during competition is compulsory.
- Headguards with the AIBA-approved label must be worn.

- The color should be as for corner – Red/Blue.
- Female competitors will be required to provide their own breast protector (which are optional) and pelvic protectors.
- A boxer is not allowed to wear his or her own gloves in competition.
- The Host Society will supply competition gloves. *As of January 2011, there will be no more white hitting surfaces on the AIBA gloves.*

Bandages:

- A single velpau bandaging shall be used not to exceed 2 inches in width.
- No tape or bandage may be place between the fingers of either hand.
- A boxer’s bandages will be examined under the direction of the office-in-charge before gloves are put on.

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**COMPETITION RULES:**

- Bouts between females and males are not permitted.
- Female boxers
  - When down (8 count) twice in a round or three times in a bout, the bout shall be stopped. The boxer receiving the blows shall lose the contest by RSC or RSC(H) depending on the area of the blows.
- Male boxers
  - When down (8 count) three times in a round or four in a bout, the bout shall be stopped. The boxer receiving the blows shall lose the contest by RSC or RSC(H) depending on the area of the blows.
- At the end of the bout the gloves and headgear shall be removed for the presentation of the decision.

**Medical Weigh ins**

- All competitors shall be ready to weigh in on the first morning of competition and on each subsequent morning on which they are drawn to box.
- Those who have weighed in on the first morning and then receive a “bye” or “walkover” shall not be required to weigh-in for the “bye” or “walkover”.
- A competitor must be passed each day as fit to compete by the appointed Doctor of Medicine before being weighed in.
- One coach may accompany the boxer to the medical examination Area. A test scale will be provided for competitors to test their weight prior to participating in the official weigh-in
- A competitor shall be allowed to present him/herself at the official weight scales only once per competition day. The weigh recorded on that presentation is final
- The weight is the one shown by the scale, no allowance is made for clothes therefore the competitor has the option to weigh in with or without clothing (underwear)
- Medical and weigh-ins shall be conducted out of the view of members of the opposite sex, with the exception of the attending doctor.
- Female competitors may be accompanied by a female coach or a female official when attending the medical examination and weigh in. Female competitors shall report to the attending medical officer regarding any menstrual irregularities, particularly the presence of amenorrhea (loss of menstruation).

**2011 North American Indigenous Games Sport Technical Package**  
**CANOEING**

**EVENT:**

The NAIG canoeing competition consists of male and female singles, doubles and mix doubles for all age classifications in the following events:

Category	U14		U16		U19	
Year of Birth	97 & later		95 & later		92 & later	
Gender	M	F	M	F	M	F
1000m						
3000m						
6000m	X	X	X	X	X	X
10000m	X	X	X	X	X	X
1000m (Dbls)						
3000m (Dbls)						
6000m (Dbls)	X	X	X	X	X	X
10000 (Dbls)	X	X	X	X	X	X
1000m M Dbl						
3000m M Dbl						
6000m M Dbl	X	X	X	X	X	X
10000m M Dbl	X	X	X	X	X	X

**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter six (6) male and six (6) female for each of the age categories listed above. An athlete is allowed to compete in maximum of six (6) events.

**Number of Coaches:**

Each Province, Territory and State may accredit:

- Team roster under ten (10) athletes:
  - One (1) coach and one (1) manager, one (1) must be female
- Team roster of eleven (11) to twenty (20) athletes:
  - Two (2) coaches and one (1) manager, one (1) must be female
- Team roster of twenty-one (21) to forty (40) athletes,
  - Three (3) coaches and one (1) manager, two (2) must be female
- Team roster of forty-one (41) to sixty (60),
  - Four (4) coaches and one (1) manager, two (2) must be female

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**GENERAL RULES:**

The most recent version of the CanoeKayak Canada (CKC) Marathon Canoe Racing Competition Rules will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

Events are either finals **OR** semi finals/finals, **OR** heats, semi finals/finals, dependant on the number of entries. There will be no consolation races.

All races will begin with a mass start.

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**OFFICIALS:**

All officials will be designated and approved by the Host Society.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

The Host Society shall provide the canoes for the competition, but competitors must supply their own paddles, and all accessories. Canoes will be decided upon and relayed at the first Chef de Mission meetings for the Games. All equipment must comply with the Marathon Canoe Racing Competition rules.

The canoe used for this event will be determined one (1) year out and will be distributed through the Chef de Missions. All competitors will carry government approved PFD's in their boats. 13-14 years age class competitors are required to wear PFD's (Additionally, US regulations will apply to American citizens and Canadian regulations will apply to Canadian citizens)

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**COMPETITION RULES:**

The CanoeKayak Canada "Code of Safety" will apply to the competition when held in Canada. The Code of Safety is available on line at:  
[http://www.canoekayak.ca/english/content/Sprint\\_R\\_P\\_Code\\_of\\_safety](http://www.canoekayak.ca/english/content/Sprint_R_P_Code_of_safety)

## **2011 North American Indigenous Games Sport Technical Package**

### **GOLF**

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#### **EVENT:**

The NAIG golf competition will consist of male and female competitors in the following: U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

Additional costs for practice rounds are the responsibility of the team and/or golfer for all age categories.

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#### **PARTICIPANTS:**

##### **Number of Athletes:**

Each Province, Territory and State may enter two (2) male and two (2) female for each age category.

##### **Number of Coaches:**

Each Province, Territory and State may accredit one (1) coaches and one (1) manager for the entire roster. The staff composition must have a minimum of one (1) female staff.

The Rules of Golf stipulate that teams must assign one person to act as a coach and have contact with the team members during their round (Rule 8-2). \* If there are two courses being used, an exception will be considered where a contingent can assign a second coach to assist with the other coach.

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#### **GENERAL RULES:**

When in Canada, the rules will be followed according to the Royal Canadian Golf Association (RCGA) and when hosted in the USA will follow the rules according to the United States Golf Association (USGA). Unless otherwise stated in this package.

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#### **COMPETITION FORMAT:**

The competition format will be stroke play for all the age categories. Golfers will play up to 54 holes (3 rounds). If the numbers warrant a cut after 36 holes (2 rounds) the Competition Committee\* will determine and set the cut line at the first coaches meeting prior to the start of the competition. 18 holes (1 round) will be played per day of competition.

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#### **OFFICIALS:**

All officials will be designated by the approved by the Host Society. All Rules Officials must have a Level 3 or 4 RCGA or USGA certification.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

The golfers must supply their own equipment (clubs and balls). All equipment must comply with The Rules of Golf.

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**COMPETITION RULES:**

Dress Code will be according to the Golf Club being used. The Host Society will inform each Chef de Mission six (6) months prior to the beginning of the event what the dress code is for the club.

Tees will be determined at future Chef de Mission meetings.

**The Rules of Golf; Section III Rule 33 – The Committee****33-5. Score Card**

In stroke play, the Committee must provide each competitor with a score card containing the date and the competitor's name.

Note: The Committee may request that each competitor record the date and his/her name on his score card.

**33-7. Disqualification Penalty; Committee Discretion**

A penalty of disqualification may in exceptional individual cases be waived, modified or imposed if the Committee considers such action warranted.

Any penalty less than disqualification must not be waived or modified.

If a Committee considers that a player is guilty of a serious breach of etiquette, it may impose a penalty of disqualification under this Rule.

**The Rules of Golf, Section III, Appendix 1 - Part C:****11 – How to decide ties**

Rule 33-6 empowers the Committee to determine how and when a stroke play tie shall be decided. The decision should be published in advance.

In the event of a tie for the championship in any age division, there will be a sudden death playoff immediately following completion of play. The playoff will start on Hole #1.

\*Competition Committee is also know as the Golf Competition Committee or the committee brought together to organize and implement the golf competition.

**2011 North American Indigenous Games Sport Technical Package**  
**LACROSSE – BOX (Men’s)**

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**EVENT:**

The Box Lacrosse competition will consist of male teams U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

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**PARTICIPANTS:**

**Number of Athletes:**

Each province, territory and state may enter a maximum of twenty (20) uniformed players for each age classification. The twenty (20) players shall be comprised of sixteen (16) players and two (2) goalkeepers. Five (5) players and one (1) goalkeeper shall be permitted on the floor at one time.

**Number of Coaches:**

Each Province, Territory and State may accredit one (1) coach, one (1) certified trainer and one (1) manager for each team. The staff composition must have a minimum of one (1) male staff.

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**GENERAL RULES:**

The most recent version of the official rules of Box Lacrosse provided by the International Lacrosse Federation will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

The competition format will be determined by the number of entries. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

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**OFFICIALS:**

The Referee-in-Chief and attending officials will be designated and approved by the host society. The officials must have a minimum provincial level two (2) certification.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

The indoor lacrosse playing surface shall be of artificial material as approved by the Host Society. The box shall be enclosed by a wall known as the boards which may be constructed of wood, plastic or any other material as approved by the Host Society. The boards shall be topped by a surrounding barrier of glass or other suitable material to a minimum height of three (3) feet on the sides and six (6) feet on the ends to keep the ball in play.

Players are required to supply their own equipment and it must comply with International Lacrosse Federation rules. Required equipment includes a lacrosse stick, protective gloves,

suitable shoes, shoulder/vest pads, rib pads and a protective helmet equipped with a face mask and a chinstrap which must be properly fastened on both sides. An intra-oral mouthpiece must cover all upper jaw teeth.

In addition, the designated goalkeeper shall wear a throat guard, arm and chest protector and shin guards.

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## **COMPETITION RULES:**

*Complete up to date rules can be found at [www.intlaxfed.org](http://www.intlaxfed.org).*

A full Box Lacrosse game shall consist of sixty (60) minutes, divided into three (3) periods of twenty (20) minutes each.

There shall be a ten (10) minute intermission between each period. Teams may leave the bench area.

In the event of a tie score at the end of regulation time, play shall continue after a five (5) minute interval. The period(s) shall be ten (10) minutes stop time.

If still tied the teams switch goals defended and continue to play an extra twenty (20) minute stop time period. The game ends upon scoring the first goal (sudden death).

**2011 North American Indigenous Games Sport Technical Package**  
**RIFLE SHOOTING**

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**EVENT:**

The NAIG rifle competition will consist of male and female individuals in the age categories of U16 (1995 & later) and U19 (1992 & later). Team events (for teams of three (3) members only) will also be offered.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter two (2) males and two (2) females.

**Number of Coaches:**

Each Province, Territory and State may accredit one (1) coaches and one (1) manager per team. The staff composition should have a minimum of one (1) female staff.

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**GENERAL RULES:**

The most recent version of the International Sport Shooting Federation (ISSF) rules will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

Competition format is either double elimination or round robin play, and is dependent on the number of entries per age group and gender. Each participant must enter all three positions. Athletes will shoot sixty (60) shots in the prone, forty (40) shots in the standing and forty (40) shots in the kneeling positions. The first forty (40) shots in the prone will be used for the 3-P score. Individual medals will be handed out at the end of each event. An overall medal will be awarded at the end of competition. To be eligible for the overall medal each athlete must have completed competition in all three events. The shooting range is fifty (50) meters for all positions.

This will be a three day event: athletes shoot one 20,20,20 (20 prone, 20 standing, 20 kneeling) for two days giving a total of 120 shot 3P match and shoot a 60 prone match on the third day

The Host Society will provide the Chef de Missions with the specified targets that will be used six (6) months prior to the games.

**Drawing of lots**

The Host Society in accordance with the International Sport Shooting Federation (ISSF) rules determines a shooting group of four (4).

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## OFFICIALS:

An experienced range officer will control the Rifle shooting event. All officials will be designated and approved by the Host Society.

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## FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- All equipment shall comply with the ISSF rules.
- Rifle shooters must supply their own rifle, which must comply with the ISSF rules.
  - The standard rifle shall be permitted with the following additional regulations:
  - A rifle weight must not exceed four (4) kilograms (8.8 Lbs).
  - The trigger must lift and hold a weight of 1000 grams at least 1 cm above the surface on which the weight was placed, with the rifle cocked, and the safety catch in the firing position, and with the rifle held in a vertical position.
  - The weight must be suspended from the mid point of the trigger.
- A non-restricted firearm is a regular sporting rifle with a barrel over 470 mm (18.5 inches) and an overall length of 660 mm (26 inches), which does not fall into the category of a prohibited or restricted firearm.
- Adjustable iron sights with variable rear apertures shall be permitted. Telescopic sights are not permitted. Telescopes for spotting shots shall be permitted.
- Target rifles have movable butt plates and the athletes should be allowed to adjust the butt plate to the appropriate shooting position.
- Thumbhole stocks are not permitted for sporting rifle competitions. Any additions or extensions to the stock of the rifle must be fixed solidly in place and not be moved or removed from the rifle for the duration of the event. Any such additions must be included in the overall weight limit.
- The use of a sling or hand stop is prohibited in the sporting rifle competitions. The use of special competition clothing which aides in the rifle shooting competition is prohibited.
- Barrel weights must surround the barrel evenly, and be non-adjustable.
- Shooters must be capable of hitting the target with 100% of their fired shots in all shooting positions.
- Use of special competition pants, jackets and boots which aid in the rifle shooting competition are prohibited. Athletes are allowed to use a shooting glove.
- Rifles with magazines must be used as a single shot rifle (no ammunition in the magazine).
- Chamber flags must be used to show that the rifle is safe when the rifle is not being fired.
- Rifle shooters must supply their own rifle, which must comply with the ISF Rules.
- Telescopes for spotting shots shall be permitted.
- Due to safety concerns at the host range the targets will be lower than the firing line.
- *Shooters may not bring their own mat – ISSF rule 7.4.7.12.4 ‘the use of private shooting mats is prohibited’ and kneeling rolls can be individually brought as long as it conforms with ISSF rules 7.4.7.12.5*

***Any athletes traveling across the border must check on the procedures for transporting guns. This is the responsibility of the athlete and coach.***

**Guns at the Games:**

When athletes check in for accreditation, please declare all firearms as the guns will be taken to the Shooting Venue site and locked in the storage area. There will be no rifles stored or kept in the Athlete Villages.

**Ammunition:**

The host society will provide ammunition for the competition. However, athletes should be prepared to provide their own ammunition for practice, and will assume the cost, acquisition and safe transportation of the ammunition to the shooting range. In either case, the type of ammunition used will be determined by the host society and all teams must comply with the ammunition type. Ammunition must also be kept in storage at the Shooting Venue along with the guns.

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**COMPETITION RULES:**

Competition rules will be outlined at the Chef de Mission meetings.

## **2011 North American Indigenous Games Sport Technical Package SOCCER**

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### **EVENT:**

The NAIG soccer competition consists of both male and female teams for U16 (born 1995 & later) and U18 (born 1993 & later) age categories.

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### **PARTICIPANTS:**

#### **Number of Athletes:**

Each Province, Territory and State may enter a maximum of seventeen (17) players per age category for both male and female.

#### **Number of Coaches:**

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male teams. One of the above staff must be of the same gender as the participating team.

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### **GENERAL RULES:**

The most recent version of The Laws of the Game of the Federation International de Football Association (FIFA) Rules will apply. Unless otherwise stated in this package.

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### **COMPETITION FORMAT:**

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

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### **OFFICIALS:**

All Officials will be appointed and approved by the Host Society. When in Canada, all officials must be registered with the CSA through the Host Provincial Associations and will be appointed and approved by the Host Society.

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### **FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

- Soccer players must supply their own equipment which must comply with FIFA rules.
- All age groups will use a Size 5 FIFA approved ball.
- Teams shall dress in the colours agreed to at the pre-tournament meeting. The home team (the team listed first on the schedule) shall change colours if necessary. All teams must have an alternate set of uniforms (jersey/socks) at the competition. The Goalkeepers socks must be the same colour as the outfield players on his/her team.

- Each team must present their playing uniforms (jersey/shorts/socks) for both home and away at the Pre-tournament Meeting for color clarification. Teams are to bring their 2<sup>nd</sup> set of playing uniforms to their games.
  - Players are not permitted to wear anything that is dangerous to themselves or other players. **NO jewellery:** that includes rings, bracelets (except medical alert bracelets — which must be either made of Velcro or similar soft material, or covered with a sweatband), earrings, necklaces, other visible body piercing, etc. The practice of taping jewellery is not acceptable.
- 

## COMPETITION RULES:

### Disciplinary Rules:

- a) A Soccer Discipline Committee shall consist of a chairman and representatives of two participating teams having no vested interest in the outcome of the hearing.
- b) The conduct of the games shall follow the Laws of the game as approved by FIFA.
- c) Players accumulating three cautions (yellow cards) during the tournament shall receive an automatic one game suspension.
- d) Players ejected from a game (red card) shall be suspended automatically for a minimum of one (1) game. Further sanctions will be determined by a hearing of the Soccer Discipline Committee.

### An entire game for the NAIG soccer shall consist of the following:

- All age categories shall play two (2) halves of forty five (45) minutes each, with a ten (10) minute interval between halves.
- The winning team is awarded three (3) points and the defeated team is awarded zero (0) points for the pool standings in the round robin tournament. When the score is tied at the end of regulation time each team is awarded one (1) point for the pool standing in the round-robin tournament.
- In play off games where the score is tied at the end of regulation time, extra time will be played consisting of two (2) periods of fifteen (15) minutes. If the score remains tie at the end of extra time, kicks from the penalty mark shall be taken to determine the winner.

### Substitution Rule:

A maximum of five (5) substitutions shall be allowed in the whole game (including extra time). Unlimited substitutions may be made at half-time, or at full-time before any extra time. A player who has been substituted is not eligible to re-enter (except at half-time or prior to the commencement of extra time).

**2011 North American Indigenous Games Sport Technical Package**  
**SOFTBALL**

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**EVENT:**

The NAIG competition consists of male and female teams for U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory or State may enter a maximum of fifteen (15) players per male and female age categories. A minimum number of players required per team is eleven (11).

**Number of Coaches:**

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male teams. One of the above staff must be of the same gender as the participating team.

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**GENERAL RULES:**

The most recent International Softball Federation (ISF) Technical Code will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. The minimum number of games each team will play will be three.

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**OFFICIALS:**

An Umpire in Chief will be designated and approved by Host Society. For all semi-final and finals games, three umpires per game will be utilized.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

Ball size and pitching distance between the home plate and pitcher's mound:

Age category	Ball size	Pitching distance
Male: U16	30.48 cm (12")	14.02m (46')
Male: U19	30.48 cm (12")	14.02m (46')
Female: U16	30.48 cm (12")	12.19m (40')
Female: U19	30.48 cm (12")	13.11m (43')

Safe base will be implemented.

Competitors must supply their own bats, helmets, gloves, and catchers must supply their own special additional equipment. Offensive and Defensive players may wear an ISF approved face mask. Absolutely no metal spikes will be allowed. All equipment must comply with the ISF standards.

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## COMPETITION RULES:

- The teams will warm-up off the competition diamond and will be allowed only 10 minutes on the competition diamond prior to game time.
- An entire game for the NAIG softball tournament shall consist of seven (7) innings or a maximum time of ninety (90) minutes. No new inning will start after ninety (90) minutes. If the game is tied after ninety (90) minutes the tied breaking procedures will apply.
- The pitcher must deliver the ball for a walk; there will be no automatic walks.
- The seven (7) run rule will be in effect anytime after the completion of 5 (or 4 1/2) innings of play. The umpire will award the game to the team with a lead of seven (7) or more runs any time after the trailing team has had five (5) turns at bat.
- Mercy Rule
  - In all categories, games will end after 2½, 3, 3½ or 4 complete innings of play if there is a difference of 15 runs.
  - In all categories, games will end after 4½, 5, 5½ or 6 innings of play if there is a difference of 7 runs
- In the case of a tie game during the round robin play and/or play offs, the International tie breaking rule shall be followed:
  - Starting with the top of the eighth inning, and each half inning thereafter, the offensive team shall begin its turn at bat with the player who is scheduled to bat ninth (tenth in SP, or eleventh in SP with an EP) in that respective half inning being placed on second base. The player who is running can be substituted in accordance with the substitution rules.

### **Tie breaking procedures**

The tie breaking procedure used in extra inning games shall be applied in all games except the final championship game.

3.01 A tie exists within one (1) section, or across two (2) or four (4) sections, when two (2) or more teams have the same win-loss record.

3.02 A tie shall be resolved by following, in order, the procedure set out below –

a. Within Section Round Robins

1. With two teams tied on wins/losses, rank them by the results of their game in the round robin; the winner is placed ahead of the loser.
2. With more than two teams tied on wins/losses, rank them in order
  - (a) By the results of their games among themselves in the round robin games.

(b) If still tied on wins/losses, by their runs against record in the games among themselves; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.

(c) If any teams tied by their runs against record in the games amongst themselves –

(1) two teams – by the results of their games amongst themselves in the round robin games

(2) more than two teams – by their runs against record in all the round robin games; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.

(d) If any teams still tied on runs against, by random selection; the first team selected is placed ahead of the others.

b. Across Section Round Robins

With two or more teams tied on wins/losses, rank them in order –

1. By their runs against record in all round robin games; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.

2. If any teams still tied on runs against, by random selection; the first team selected is placed ahead of the others.

3.03 For a tied team “runs against” is the total number of runs scored by the specified opponents of that team.

EXCEPTION: Where teams are tied for a place in a Page System the Technical Commission may decide that such tie may be resolved by a playoff provided the Technical Commission agree that conditions are satisfactory for such playoff.

**2011 North American Indigenous Games Sport Technical Package**  
**SWIMMING**

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**EVENT:**

The NAIG swimming competition consists of both male and female individual events and relay events for U14 (born 1997 & later), U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter:

- A maximum of four (4) male swimmers and four (4) female swimmers per each age classification respectively.
- An athlete is allowed to compete in a maximum of six (6) events plus three (3) relays.

**Number of Coaches:**

Each Province, Territory and State may accredit:

- Rosters under 20 athletes - 3 staff, (2 coaches and 1 manager, 1 must be female)
  - Rosters between 21 and 30 - 4 staff, (3 coaches and 1 manager, 1 must be female)
- 

**GENERAL RULES:**

The most recent version of the Federation Internationale de Natation Amateur (FINA) Rules will apply.

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**COMPETITION FORMAT:**

Events are heats and finals, regardless of the number of entries to determine seeding times for finals.

All relays as well as the 800M freestyle and 1500M freestyle will be ran as timed finals.

Category	U14		U16		U19	
Gender	M	F	M	F	M	F
Free 50m						
Free 100m						
Free 200m						
Free 400m						
Free 800m	X		X		X	
Free 1500		X		X		X
Free 4x50						
Free 4x100						
Back 50m						
Back 100m						
Back 200m						
Breast 50m						
Breast 100						
Breast 200						
Fly 50m						
Fly 100m						
Fly 200m						
IM 200m						
MR 4x50						

**Relays:**

Each Province, Territory and State may enter:

- One (1) 4x100M Freestyle relay for each age category
- One (1) 4x50M Freestyle relay for each age category
- One (1) 4x50M Medley relay for each age category

Relay team members shall be properly entered in at least one (1) individual event.

NOTE: To accommodate the number of participants, swimmers may move up to compete in a higher age class relay team, but they may not compete in the same relay event in two different age categories.

Only in the case of injury in an age group relay, can teams apply for exception to the above rule.

**OFFICIALS:**

All officials will be designated and approved by the Host Society.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

- This event will be a Short Course (25m pool)
- The swimmers must supply their own equipment and must comply with FINA rules.
- The Host Society must provide a warm up and cool down area for the athletes.

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**COMPETITION RULES**

NAIG will be a one (1) start meet – no false starts are permitted.

2011 North American Indigenous Games Sport Technical Package  
**VOLLEYBALL**

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**EVENTS:**

The NAIG volleyball competition consists of male and female teams for U16 (born 1995 & later) and U19 (born 1992 & later) age categories.

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State may enter a maximum of twelve (12) players per age category per male and female teams.

**Number of Coaches:**

Each Province, Territory and State may accredit one (1) coaches and one (1) manager per female and male teams. One of the above staff must be of the same gender as the participating team

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**GENERAL RULES:**

The most recent version of the Federation internationale de volleyball (FIVB) Official Rule Book will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

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**OFFICIALS:**

All officials will be designated and approved by the Host Society. The match officials must have a Level two (2) Regional Badge or higher. All other officials (lines-persons, scorekeepers) must have current Level one (1) Local Badge.

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**FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

All equipment shall comply with FIVB rules. The height of the net shall be according to the following information:

- U16 Female: 2.15m
- U16 Male: 2.35m
- U19 Female: 2.24m.
- U19 Male: 2.43

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## COMPETITION RULES:

- Rally point scoring will be implemented
- A team wins a set (game) by scoring 25 points via rally scoring and with a minimum lead of two (2) points. In the case of a 24-24 tie, play is continued until a two (2)-point lead is achieved.
- A match in the Round Robin will consist of five (5) sets per match. The team wins a match by winning three (3) of the five (5) sets. A set is played to 25 points with a minimum lead of two (2) points.
- A match in the Playoff rounds (quarter finals) will be best of five (5) sets. The team wins a match by winning three (3) sets of the five (5). In case of a 2-2 tie, the deciding set is played to 15 points with a minimum lead of two (2) points, no cap via rally point scoring.
- Tie breaking rule.
- There will be 15 minutes warm-up time allocated on the competition court prior to game time.

Tie breaking rules will be in accordance with FIVB Sports Regulations 2004, Pg. 25:

### **8 TEAMS RANKING SYSTEM DURING THE COMPETITION**

#### **8.1 RANKING BY MATCHES WON AND LOST**

The ranking of teams is determined by the results of matches on the basis of matches won and lost.

#### **8.2 POINTS AWARDED PER MATCH TO EACH TEAM**

The following points will be awarded per match to each team:

Matches Won	2 points
Matches Lost	1 point
Matches Forfeited	0 points

#### **8.3 IN THE CASE OF A TIE:**

**8.3.1 Set quotient** - In the case of equality in the number of points gained by two or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.

**8.3.2 Points quotient** - If the tie persists as per the set quotient (8.3.1) the teams will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.

**8.3.4** If the tie continues as per the points quotient (8.3.2) between two teams, the priority will be given to the team which won the last match between them.

**8.3.4** When the tie in points quotient is between three or more teams, a new classification of these teams in the terms of 8.2 and 8.3 will be made taking into consideration only the matches in which they were opposed to each other.

**2011 North American Indigenous Games Sport Technical Package**  
**WRESTLING**

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**EVENT:**

The NAIG wrestling competition consists of both male and female individual competition for following age and weight classes. Participants born in 1993 to 1995 are eligible. Participants born in 1996 (15 years of age) may be considered to be upgraded.

16-18 years	
1993-95	
M	F
42 KG / 92.6 lbs	38 KG / 83.8 lbs
46 KG / 101.4 lbs	40 KG / 88.2 lbs
50 KG / 110.2 lbs	43 KG / 94.8 lbs
54 KG / 119.0 lbs	46 KG / 101.4 lbs
58 KG / 127.9 lbs	49 KG / 108.0 lbs
63 KG / 138.9 lbs	52 KG / 114.6 lbs
69 KG / 152.1 lbs	56 KG / 123.5 lbs
76 KG / 167.5 lbs	60 KG / 132.3 lbs
85 KG / 187.4 lbs	65 KG / 143.3 lbs
100 KG / 220.5 lbs	70 KG / 154.3 lbs

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**PARTICIPANTS:**

**Number of Athletes:**

Each Province, Territory and State is allowed to enter one (1) male and one (1) female athlete per weight division for each age group.

**Number of Coaches:**

Each Province, Territory and State may accredit one (1) coaches and one (1) manager per male and female teams. The staff composition must have a minimum of one (1) female staff.

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**GENERAL RULES:**

The most recent version of the Fédération Internationale des Lutttes Associées (FILA) will apply. Unless otherwise stated in this package.

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**COMPETITION FORMAT:**

Minimum number of three (3) participants for each weight category for that event to run. If three participants are not reached by the registration deadline the event will be cancelled. This will be updated after initial registrations.

In the double elimination bracket draw format a win advances the wrestler to the next round and closer to the final. A first loss relegates the athlete to the repechage (consolation) rounds for

(third place) and a second loss eliminates the athlete from the competition. The size of the bracket is a multiple of 2: 2,4,8,16,32, 64 and so on.

Following the weigh in, there will be a coaches meeting to determine seeding.

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#### **OFFICIALS:**

All officials will be designated and approved by the Host Society.

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#### **FIELD OF PLAY / EQUIPMENT REQUIREMENTS:**

The wrestler must supply her/his own equipment and must comply with the FILA rules. Athletes must appear on the edge of the mat wearing a FILA approved one piece singlet of the colour assigned to them (Red or Blue). It is forbidden to have a mixture of red and blue colours on the singlet and wrestling shoes free of buckles and metal ridges, tape, and a handkerchief to be tucked inside the singlet for blood. Headgear is optional.

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#### **COMPETITION RULES:**

The pre-competition weight-in will take place for one hour for each age category on the evening prior to the first day of competition. The NAIG competition will have only one (1) weigh-in session as above.

## APPENDIX A

### Badminton Draw Formats:

#### **Draw Format - Preliminary Rounds**

All preliminary draws for all events (with less than 21 entries) in badminton will be round robin format with players/teams (in general) divided by random into different pools.

Pools should consist of a minimum of 3 and a maximum of 4 players/teams.

Teams/players representing the same state/province/territory should be separated into different pools.

The top two finishers in round robin competition play, from each pool, will advance to the medal round.

#### **Draw Format - Medal Rounds**

The medal round format will be determined based on the number of entries for the event.

##### 1. 5 Entries in an Event or Less

If 5 entries are submitted for an event, a single pool round robin format will be used, with no need for preliminary rounds.

##### 2. 6-8 Entries in an Event

Two pools will be created for 6-8 entries.

If 2 pools are used for an event, the team/players finishing first in pool #1 will play the team/player finishing #2 in the opposite pool. This will be the semi final matches with the winner advancing to the finals and the losing teams would face each other to contest for the bronze (third place) respectively.

If a two pool competition is held, the top two Provinces/States/Territories from the previous NAIG games (based on overall results for badminton) shall be separated into different pools.

##### 3. 9-12 Entries in an Event

Three pool competition (for 9-12 entries)

If a three pool competition is held, the top three Provinces/States/Territories based on the previous games results (based on overall results for badminton) shall be separated into different pools.

If 3 pools are used, the top 2 teams/players from each pool, as determined by round robin play, will advance to the medal rounds. Once these 6 players/teams are decided, the format will be as such:

- 3.1 A single elimination draw with two equal halves of four (4) positions each (there will be six (6) players/teams and two (2) byes.
- 3.2 Teams finishing first in their respective pools and from the same province/territory/state must be placed on opposite halves of the draw. If this is not an issue, teams finishing first in their respective pools will be separated as far from each other as possible in the draw and should not meet in the first round. In addition, both sides of the draw must have at least one of these first place finishers and no more than two (2).
- 3.3 Teams finishing first in their respective pools should be separated/spaced from each other as far as possible with their position in the draw being decided by chance.
- 3.4 One bye will be designated for both the top and bottom half of the draw.
- 3.5 Unless problematic for the official creating the draw, teams/players who finished first in their respective pool shall be favoured to receive a bye.
- 3.6 Teams/players advancing to the medal rounds from the same pool shall be separated into the two halves of the draw (ensuring they cannot possibly meet again unless they would be playing for Gold or Bronze medals).
- 3.6 Teams/players advancing to the medal round will be separated (into different halves of the draw) from fellow teammates from the same Province/State/Territory.

#### 4. 13-16 Entries in an Event

Four (4) pool competition ( for 13 -16 entries).

All regulations listed for a three pool (9-12 entries) will be used except that eight (10) players /teams will advance to the medal round. A draw sheet of 16 will be used with 3 byes in the top half of the draw and 3 byes in the bottom half of the draw.

If a four pool competition is held, the top four Provinces/States/Territories based on the previous games results (based on overall results for badminton) shall be separated into different pools.

#### 5. 17-20 Entries in an Event

Five (5) pool competition (for 17-20 entries)

All regulations listed for a four (4) pool competition (13-16 entries) will be used except that ten (10) players /teams will advance to the medal round. A draw sheet of 16 will be used with 3 byes in the top half of the draw and 3 byes in the bottom half of the draw.

If a five pool competition is held, the top four Provinces/States/Territories based on the previous games results (based on overall results for badminton) shall be separated into different pools.

#### 6. 21 or More Entries in an Event

With 21 or more entries in an event, a single elimination draw will be created which will determine medals winners. The following guidelines shall apply:

- 6.1 Teams/players from the same Province/State/Territory will be separated (into different halves of the draw) from fellow teammates from the same Province/Territory/State.
- 6.2 The top two Provinces/States/Territories (based on overall results from badminton at the last NAIG) will have their top entries separated into 2 different halves of the draw. If any byes are awarded, these two players/teams will have first priority to receive them.
- 6.3 The top three and four Provinces/State/Territories (based on overall results from badminton at the last NAIG) will have their top entry placed into two different halves of the draw. The quarter they are placed in must not be the same quarter as the top two Provinces/ States/Territories (based on overall results from badminton at the last NAIG) - see 6.2.
- 6.4 All other entries will be placed in the draw at random.

#### Round Robin Tie Breaking Procedure

1. If two teams are tied following a round robin competition, the team winning the encounter between the two teams shall be awarded the higher placing.
  2. If three teams are tied following a round robin competition the team, the most points attained based on the following guideline shall be used to determine placement of teams:
    - a) Team winning 2 games - 0 games (in a match) = 3 points awarded
    - b) Team winning 2 games - 1 game (in a match) = 2 points awarded
    - c) Team losing 1 game - 2 games (in a match) = 1 points awarded
- Points would be calculated for all matches played in a round robin with the team. The team with the most points will be placed first with second and third place teams determined in the same manner.
3. If still tied, then the team with the fewest points scored against them in matches played between the teams involved (with the tie) will be declared the winner.
  4. If still tied, then the team with the fewest points scored against them in the matches played involving the entire round will be declared the winner.
  5. If still tied, the winner will be declared by playing a single BWF regulation game or match (at discretion of tournament referee) against the teams involved. If more than two teams are involved a new straight draw will be created with placement of teams and byes in draw being done by referee. No ties will be possible with this final procedure.