

**YELLOWKNIFE POLAR BEAR SWIM CLUB
CODE OF CONDUCT AGREEMENT**

Members of the Yellowknife Polar Bear Swim Club (YKPBSC) include swimmers, coaches, officials, parents and board members. You, as a swimmer, are the most visible part of the Club. All members are ambassadors for competitive swimming, sport, the City of Yellowknife and the Northwest Territories. You gain many benefits from your participation in organized competitive swimming. Your participation brings with it the following responsibilities:

1. At all times be courteous and helpful to teammates, coaches, other swimmers, officials and the general public.
2. Participate according to the rules and in the spirit of fair play.
3. Adhere to any regulations that are established during competitions. These might include curfews; nutritional guidelines and other rules designed for safety and to maximize the benefits of participation. Members will be advised of regulations on a periodic basis.
4. Participate in team activities and strive to build team spirit.
5. Lead a positive alcohol, tobacco and drug free life style. Regardless of age, tobacco and alcohol products are not allowed during any YKPBSC event.
6. Be aware that you may be subject to random drug tests without notice if you achieve certain levels within the sport. Education programs will be provided at appropriate times.
7. Be punctual at all times.
8. Make restitution for any personal or property damage caused during club events.
9. Remain at competitions for award presentations, banquets and other events unless previous arrangements have been made.
10. Wear team uniforms when requested to do so.

Members unable to comply with these responsibilities may be subject to disciplinary action up to and including suspension from activities, their immediate return home at their own cost and/or suspension from the YKPBSC. Having read and understood the above YKPBSC Code of Conduct, I agree and comply as a member in good standing.

Members Name: _____ Date: _____

Member's Signature: _____

Parent/Guardian Signature: _____

(if under the age of 19)